



# Becoming Mom

*Empowering women on their  
journey toward parenthood*



## FREE program for expectant and new parents

The mission of ChristianWorks is to represent the goodness of God to children and their families by continuing Jesus Christ's example of service.



**ChristianWorks** for Children®

*Building healthy families since 1967*

[www.christian-works.org](http://www.christian-works.org)

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### **Fort Worth**

2214 Hemphill St.  
Fort Worth, Texas 76110  
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# BecomingMom

## What is BecomingMom?

Three specially-designed programs serving pregnant women, all with the common purpose of providing help & support during pregnancy and following delivery. Our services are **free** of charge, confidential and address a wide range of needs. Becoming a parent is a unique experience and our staff is here to help through counseling, parenting classes and mentoring. Through **BecomingMom**, attendees have the opportunity to:

- Meet regularly with a professional counselor about their mental, emotional, physical and spiritual needs.
- Participate in a series of classes designed to prepare new mothers and fathers to welcome their baby and meet their child's needs as they grow & develop. Each session contains practical information and encouragement.
- Be involved in a mentoring relationship and learn from an experienced parent ready to walk alongside them while providing important support and friendship.

**\* Eligible participants for BecomingMom are expectant moms and dads, and/or those parenting a child 0-36 months of age.**

***BecomingMom*** services are free of charge and available to anyone regardless of age, race or religion.

**Learn More:**  
[www.becoming-mom.org](http://www.becoming-mom.org)